

# POWER OF ATTITUDE

Attitude makes a big difference. Whether you choose to have a positive, **POWER** attitude or a negative, **SOUR** attitude is up to you. You **DO** have a choice. Below, see how a choice of attitude impacts the way someone feels, thinks and acts.

**You came in 3rd in the competition.**

Someone with a **POWER** attitude might feel, think, and act this way: \_\_\_\_\_

\_\_\_\_\_

Someone with a **SOUR** attitude might feel, think and act this way: \_\_\_\_\_

\_\_\_\_\_

**It's raining out today.**

Someone with a **POWER** attitude might feel, think, and act this way: \_\_\_\_\_

\_\_\_\_\_

Someone with a **SOUR** attitude might feel, think and act this way: \_\_\_\_\_

\_\_\_\_\_

**The lights aren't working in your home.**

Someone with a **POWER** attitude might feel, think, and act this way: \_\_\_\_\_

\_\_\_\_\_

Someone with a **SOUR** attitude might feel, think and act this way: \_\_\_\_\_

\_\_\_\_\_

**The teacher told you s/he thinks you can do better than you did.**

Someone with a **POWER** attitude might feel, think, and act this way: \_\_\_\_\_

\_\_\_\_\_

Someone with a **SOUR** attitude might feel, think and act this way: \_\_\_\_\_

\_\_\_\_\_

What's one way that you show a positive **POWER** attitude? \_\_\_\_\_

\_\_\_\_\_